



TIMEA MÜLLER, DIPL.-PÄD. (RO)

- Systemic Consultant · Systemic Therapist · Generation-Code® & Generation-Code® for Kids Therapist · Rădăcini Puternice® Trainer · Supervisor;
- Specialist in Systemic Therapy, Transgenerational Trauma, Identity Processes, Psychogenealogy, Biographical Work, Migration, Refugee Mental Health, and Intercultural Integration

Timea Müller is a systemic consultant, Generation-Code® therapist, trainer and supervisor, whose professional expertise integrates systemic therapy, transgenerational trauma, psychogenealogy, migration, and intercultural mental health. Her academic and professional development was built progressively across four complementary areas of specialization: university training in socio-psychopedagogy, postgraduate training in systemic counseling and therapy, specialization in migration and integration, and advanced clinical training in intergenerational and transgenerational therapy. Systemic thinking is the conceptual and methodological foundation of her professional practice. Her postgraduate training in Germany included comprehensive preparation in systemic counseling and therapy, combining theory, clinical methodology, supervised practice, self-reflection, and case supervision, in accordance with recognized German professional standards.

A second major area of expertise is migration, refugee mental health, and intercultural integration. Through postgraduate university training and several years of professional practice in Germany, she has developed extensive experience working with refugees, asylum seekers, and migrant families affected by forced migration, complex trauma, PTSD, identity conflicts, relocation processes, and intercultural adaptation. Her work has combined psychosocial assessment, systemic counseling, and interdisciplinary cooperation with psychiatric, psychological, medical, educational, and social services.

Her current clinical specialization focuses on intergenerational and transgenerational trauma. Following two advanced postgraduate programs at the Institut für Transgenerationale Prozesse (ITP), Wendeburg, she now combines systemic therapy with psychogenealogy and the Generation-Code® methodology in clinical practice, supervision, education, and method development. Since 2023, she has introduced and developed the Generation-Code® method in Romania as Founder of Generation-Code® Romania and Co-Founder of Ancestry Hub. During this period she has designed and coordinated postgraduate educational programs for mental health professionals, contributing to the professional training of over 500 psychologists, psychotherapists, psychiatrists, counselors, doctors, teachers, and social workers. In parallel, she teaches and provides supervision at the Institut für Transgenerationale Prozesse (ITP), collaborating with Sabine Lück in training Generation-Code® practitioners and in the ongoing research and development of the methodology and its therapeutic tools. Her current professional interests include systemic therapy, transgenerational trauma, attachment, family systems, migration-related mental health, psychogenealogy, professional supervision, curriculum development, and the design of therapeutic methods and educational resources for clinical practice.

**Core Professional
Competencies**

Systemic Therapy and Counseling

Systemic counseling; Systemic therapeutic interventions; Family systems; Attachment-oriented interventions; Clinical assessment; Systemic case conceptualization; Clinical supervision

Inter- and Transgenerational Trauma, Biographical Work

Generation-Code® methodology; Intergenerational and transgenerational trauma; Family narratives; Psychogenealogy; Family loyalty dynamics; Attachment and resilience; Therapeutic use of genograms; Development of systemic therapeutic tools

Migration, Refugee Mental Health, Identity and Integration Processes

Refugee mental health; Forced migration; PTSD and complex trauma; Relocation and identity processes; Intercultural counseling; Integration management; Child protection; Interdisciplinary case management

Teaching, Supervision, and Development of Systemic Methods

Postgraduate education; Curriculum development; Professional supervision; Clinical mentoring; Research collaboration; Development of therapeutic methodologies; Development of educational resources; Continuing professional education

Academic Education

Babeş-Bolyai University, Cluj-Napoca, Romania, 2002

Faculty of Psychology and Educational Sciences; Diploma in Socio-Psycho-Pedagogy (Dipl.-Päd.). Academic studies focused on educational sciences, developmental psychology, pedagogy, educational counseling, psychology, sociology, and family systems.

POSTGRADUATE QUALIFICATIONS

**Systemic Counseling
and Therapy
2018 – 2021**

Systemisches Zentrum WISPO AG, Germany — Systemische Beratung Kompakt

Postgraduate professional training in Systemic Counseling and Therapy. 490 training units (UE).

Helm Stierlin Institut, Heidelberg, Germany — Praxisjahr der Weiterbildung in Systemischer Therapie und Beratung

Advanced postgraduate training, including supervised clinical practice in Systemic Therapy and Counseling. Recognized under SG and DGSF professional standards.

**Migration, Refugee Mental
Health, and Intercultural
Integration**

EK Tübingen University / Evangelische Hochschule Ludwigsburg, 12 ECTS

Certificate of Advanced Studies (CAS) – Migration und Integration. Postgraduate university program. Migration studies; refugee studies; intercultural communication; intercultural counseling; migration-related mental health; trauma and forced displacement; diversity and inclusion; international migration law; integration policy; social participation.

Inter- and Transgenerational
Therapy

Institut für Transgenerationale Prozesse (ITP), Wendeburg, Germany — Sabine Lück

Generation-Code® Therapist; two-year postgraduate clinical program · 400 training units (UE). Clinical methodology; therapeutic practice; supervision; peer supervision; personal development; clinical case study; development of an individual therapeutic concept.

Generation-Code® Practitioner for Kids

Two-year postgraduate program · 420 training units (UE). Developmental trauma; interventions for children and adolescents; attachment; family systems; therapeutic practice; clinical supervision; developmental psychology; systemic interventions with children and families.

Human Rights, Child
Protection, and Social Work

Professional training in: children's rights; child protection; alternative child care services; specialized child protection interventions; multidisciplinary cooperation; family support; safeguarding procedures; social work practice.

PROFESSIONAL EXPERIENCE

Founder, Generation-Code®
Romania Project

Founder and Director of the Romanian Generation-Code® program, responsible for introducing, implementing, and developing the Generation-Code® methodology in Romania.

Development of postgraduate training programs, curriculum development, professional education for mental health specialists, clinical supervision and mentoring, development of therapeutic tools, adaptation of the Generation-Code® methodology to the Romanian professional context, scientific translation and adaptation of specialized literature, organization of continuing professional education.

Co-Founder, Ancestry Hub

Co-Founder of a professional education platform dedicated to systemic practice, transgenerational trauma, and psychogenealogy.

Development of educational programs, professional training, curriculum development, development of therapeutic resources, organization of conferences, workshops, and continuing education programs, development of professional networks, scientific dissemination of contemporary knowledge in systemic and transgenerational approaches.

Trainer, Supervisor,
Research and Method
Development

Institut für Transgenerationale Prozesse (ITP), Wendeburg, Germany

Teaching and supervision within the Generation-Code® postgraduate programs. Teaching in postgraduate clinical training, clinical supervision, case consultation, curriculum development, research collaboration, methodological development, development and evaluation of therapeutic tools, collaboration with Sabine Lück in the ongoing development of the Generation-Code® methodology.

Specialist in Migration
and Integration

Caritas; Municipalities of Kirchberg an der Murr and Affalterbach

Psychosocial counseling and integration management for refugees and migrant families. Areas of responsibility: psychosocial assessment; systemic counseling; integration planning; refugee mental health; PTSD and complex trauma; forced migration-related trauma; identity and belonging; family reunification; child protection; interdisciplinary case management; cooperation with psychiatric, psychological, educational, legal, and social services; crisis intervention.

Refugee Center
Coordinator

Caritas — Management of a refugee accommodation center and coordination of multidisciplinary support services

Responsibilities: operational management of refugee accommodation centers; coordination of multidisciplinary teams; crisis management; safeguarding procedures; cooperation with municipal and public authorities; coordination of psychiatric, psychological, and psychosocial services; support for vulnerable individuals and families; conflict management; quality assurance; integration processes.

Family Counselor
and Mediator

Deutscher Kinderschutzbund (DKSB)

Professional responsibilities: child protection; supervision of parent-child contact; family counseling; parenting support; separation and divorce counseling; family mediation; interdisciplinary cooperation; case documentation; safeguarding procedures.

Prior Professional
Experience, 2007,
Romania

Professional activities in: school and adult education; educational counseling; child protection; family support; social work; multidisciplinary cooperation; European regional development projects.

Scientific Publications
and Translations

As Founder of the Generation-Code® Romania Project, Timea Müller has contributed as scientific translator, adapter, and promoter to the introduction of Generation-Code® literature by Sabine Lück onto the Romanian market, including the following titles published by Editura Trei:

- “Ancestors on the Couch: Deciphering the Generational Code and Healing Inherited Wounds” — Romanian edition of “Ahnen auf die Couch,” Ingrid Alexander & Sabine Lück, Editura Trei, 2022
- “Inherited Destiny: Overcoming Burdensome Family Patterns and Releasing Your Own Potential” — Romanian edition of “Vererbtes Glück,” Sabine Lück, Editura Trei

She organized and presided over the official launch events, public readings, and conferences held together with Sabine Lück in Bucharest, Braşov, and Sighet (see Selected Conferences section below).

Creation and Development
of Systemic Therapeutic
Tools

Original tools created:

- The Answer Ball® (Mingea Răspunsurilor®) — original systemic therapeutic tool: a fabric ball with 30 systemically formulated questions that activate relational memory and self-reflection, usable in therapy, coaching, education, and group facilitation
- The Ball of Lost Memories® (Mingea Amintirilor Pierdute®) — original systemic tool for family exploration, combining circular questions from systemic therapy, projective intervention, and somatic technique
- The Poarta® Systemic Board
- Standardized genogram tools (standard McGoldrick symbols)
- Therapeutic diaries for clients

Adaptation and introduction onto the Romanian professional market of Sabine Lück's Generation-Code® therapeutic tools:

- The Rădăcini Puternice® (“Strong Roots®”) diagnostic and therapy game
- TTT Cards — Transgenerational Trauma Therapy

The official launch series of the Generation-Code® method in Romania, organized by the German Cultural Center Braşov in partnership with the Institut für Transgenerationale Prozesse (ITP) Wendeburg, the German Democratic Forum Braşov, and Editura Trei, with the support of the Goethe-Institut Bucharest and Transilvania University of Braşov.

SELECTED CONFERENCES, TRAININGS, AND PUBLIC APPEARANCES

“Trauma, Memory,
Healing”
Braşov
Apr. 2023

Official launch series of the Generation-Code® method in Romania, organized by the German Cultural Center Braşov in partnership with the Institut für Transgenerationale Prozesse (ITP) Wendeburg, the German Democratic Forum Braşov, and Editura Trei, with the support of the Goethe-Institut Bucharest and Transilvania University of Braşov.

“Trauma, Memory,
Acceptance”
Sighet, Breb
Aug. 2023

Series of conferences, workshops, and public events on the topic of inter- and transgenerational trauma.

- Speaker, public conference on epigenetics, transgenerational trauma, and psychotherapy (Memorial to the Victims of Communism and of the Resistance, Sighet)
- Trainer, postgraduate program on the Rădăcini Puternice® (“Strong Roots®”) therapeutic tool
- Facilitator, public psychogenealogy evenings and creative workshops on family history (Sighet and the “Fest în Vale” festival, Breb)

Symposium “Psychological
Support for Children,
Adolescents, and Families”
March 9–10, 2024

Faculty of Psychology and Educational Sciences (FPSE), University of Bucharest

March 9–10, 2024

National symposium dedicated to the psychological support of children, adolescents, and families, with contributions from clinical psychologists and psychotherapists. Together with Sabine Lück (Director of the Institut für Transgenerationale Prozesse ITP, Wendeburg, Germany), she led a live demonstration session of the Generation-Code® transgenerational trauma therapy method and a scientific communication conference.

The Inner Mapping

Inside

National festival of psychology and personal development (Cluj-Napoca / Bucharest).

- “A Message from the Ancestors” — epigenetic exploration workshop using the Generation-Code® method
- “Love Is Inherited Too, Not Just Trauma!” — workshop with the Rădăcini Puternice® (“Strong Roots®”) therapeutic game

TEACHING, SUPERVISION, AND POSTGRADUATE EDUCATION

Development and delivery of postgraduate professional education programs in Romania.

Programs:

- Generation-Code® Romania
- Rădăcini Puternice® (“Strong Roots®”)
- Transgenerational Trauma Therapy (TTT)
- Poarta®
- Genogram-based assessment
- Systemic assessment methods

Professional activities:

- Teaching
- Clinical supervision
- Mentoring
- Curriculum development
- Case consultation
- Continuing professional education

Over 500 professionals have graduated from postgraduate education programs under her coordination since 2023.